

The Farm & Sea to School Institute is a year-long professional development opportunity that brings together K-12 and early care education administrators, child nutrition professionals, and teachers to build relationships, skills, and a collaborative Farm & Sea to School Action Plan.

The Rhode Island Farm & Sea to School Network provides leadership, coordination, and advocacy to advance farm to school efforts in Rhode Island's cafeterias, classrooms, and communities.

# The RI Farm & Sea to School Institute Recipe for Success



#### **BUILD YOUR SKILLS**

The Institute builds an understanding of farm & sea to school principles with engaging, hands-on workshops and technical assistance.



#### **BUILD A WHOLE-SCHOOL TEAM**

Develop the strong cross-departmental relationships needed for long term sustainability of your farm & sea to school programs.



#### **CREATE AN ACTION PLAN**

Develop a values-based, school-wide farm and sea to school action plan that strategically integrates your goals with your school's curriculum, nutrition programs, and community connections.



#### **COLLABORATE WITH YOUR COACH**

Each Institute team will receive a year of coaching from a local food system professional who will guide you as you implement your farm & sea to school action plan and help you address emerging needs.



#### **GROW YOUR CONNECTIONS**

Build valuable relationships with experienced practitioners in the Farm & Sea to School Network. Engage with other teams and likeminded community partners who can provide support, resources, and inspiration.





## SUMMER

The program starts with a two-day in-person retreat for school teams to develop their unique vision for their farm to school programs.



#### FALL-WINTER

Meet regularly throughout the school year with your coach as you implement your action plan.



End your network year with a year two action plan and regroup with your cohort to share your progress and reflections at an in-person celebratory gathering.

Begin your school's Farm & Sea to School journey today!

### HOW TO APPLY

Scan the QR code to begin your application for the Farm & Sea to School Institute!



The Farm & Sea to School Institute is hosted by the RI Farm and Sea to School Network with support from the United State's Department of Agriculture, and Vermont FEED.



